

# INFORMATION

## DATE AND VENUE

Saturday, the 8th of June 2019, Centro Congressi  
FAST (P.le Morandi 2, Milan).

## REGISTRATION

Request the registration form to [info@eist.it](mailto:info@eist.it)

## FEE

- 100,00 Euros
- 70,00 Euros for E.I.S.T. ex-students, SIPPR and SIRTIS members
- 50,00 Euros for GPL members

FOR MORE INFORMATION: [www.eist.it](http://www.eist.it)

THE GEODE GROUP is made-up by psychotherapists who work in the field of palliative cares. The therapeutic work starts in the assistance time and continues in the after death time. The construction of personal and conversational meanings is at the heart of the Geode's way of thinking and working. The death happens, the grief is constructed.

For more information: [www.gruppogeode.it](http://www.gruppogeode.it)



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# eist

European Institute of Systemic-relational Therapies

## GRIEF THERAPY AS MEANING RECONSTRUCTION: A TRAUMA INFORMED APPROACH

WORKSHOP WITH ROBERT A. NEIMEYER

Milan,  
8 June 2019

[www.eist.it](http://www.eist.it)

in cooperation with  
**Gruppo Geode**



# PROGRAMME



How can we deal with complicated, prolonged and debilitating forms of grief, so frequent with premature and violent deaths? This full-day workshop offers in-depth training in specific trauma-informed techniques and methods for people struggling to develop adaptive grieving. A world of meaning challenged by the traumatic loss can be re-constructed. These therapeutic techniques and methods will be illustrated making extensive use of actual clinical videos and discussed nesting them both within the therapy relationship and in the context of current theories and research that provide flexible frameworks for intervention. Through an experiential work in small groups, carried out with the cooperation of Agnieszka Konopka, Robert Neimeyer will help the participants to go more deeply into complicated grief, practicing in small group body-centered and emotion-focused methods for promoting meaning making regarding one's own experience of grief.

Beginning with a discussion of the power of presence as a fundamental dimension of the therapeutic "holding environment," we will consider how we can quickly assess our clients' needs and readiness for change. Drawing on clinical videos of clients contending with losses through cancer, sudden accident and suicide we will learn to listen between the lines of the stories clients tell themselves and others about the death to grasp more fully the unvoiced meaning of their grief, and how we can help them integrate the event story of the death into the larger narrative of their lives.



## SATURDAY THE 8TH OF JUNE

9.00-9.15	Introduction to workshop - Valeria Ugazio
9.15- 9.30	The Geode Group - Federica Azzetta
11.00-11.30	The Power of Presence: Orienting to Client Needs and Resources
11.30-12.30	Break
12.30 - 1.30	Restorative Retelling: Mastering the Narrative of the Death
1.30 -2.30	Lunch
2.30 -4.30	Analogical Listening: Exploring Sensed Meanings of Grief
4.30-5.00	Break
5.00-6.00	Chapters of Our Lives: Rewriting Stories of Loss



## ROBERT A. NEIMEYER, PH.D.

is one of the most important representative of the narrative perspective in psychotherapy and his theory of grief as a meaning making is a reference point in all the world. Professor in the Department of Psychology, University of Memphis, where he also maintains an active clinical practice. Since completing his doctoral training at the University of Nebraska in 1982, he has published 500 articles and chapters and 30 books, including *Techniques of Grief Therapy and Grief* and the *Expressive Arts: Practices for Creating Meaning* (both with Routledge), and serves as Editor of the journal *Death Studies*. Founder and Director of the Portland Institute for Loss and Transition, Neimeyer has been given Lifetime Achievement Awards by both the Association for Death Education and Counseling and the International Network on Personal Meaning. For more information, see: [www.robertneimeyerphd.com](http://www.robertneimeyerphd.com)

## AGNIESZKA KONOPKA,

psychologist and psychotherapist. She is Associate Director of the Portland Institute for Loss and Transition. She will collaborate with Robert Neimeyer in the experiential exercises.